

Updated on 9/8/21

RAINBOW MONTESSORI SCHOOL COVID-19 PLAN OF ACTION

CLIFTON CHAIN OF COMMAND:

1. Staci - 973-219-9768 will contact the Health Dept. & proper authorities
2. Sheila - 201-468-3765
3. Dilek - 201-888-4316
4. Jackie - 201-693-5289

CLIFTON HEALTH DEPARTMENT CONTACT/S:

1. John Beigle: (head of the health dept.) 973-931-9888
2. Barbara 973-470-5776 bluzniak@cliftonnj.org
3. Clifton PD 973-470-5900 (after hours)=

BLOOMFIELD CHAIN OF COMMAND:

1. Rose - 201-665-5281 will contact the Health Dept. & proper authorities
2. Jane - 201-693-5290

BLOOMFIELD HEALTH DEPARTMENT CONTACT/S:

1. Michael Fitzpatrick: (head of the health dept.) 973-713-9540
2. Terry Fucci 973-680-4024
3. Bloomfield PD 973-680-4141 (after hours)

- **CDC: 404-639-3311**

Individuals showing two or more of the following symptoms:

* fever * chills * muscle aches * Headache * sore throat *nausea * vomiting* diarrhea*
*fatigue *congestion * runny nose.

OR

At least ONE of the following symptoms;

*cough * shortness of breath * difficulty breathing * loss of smell or taste.

THEN

Plan for someone showing symptoms at school;

- Individuals will be brought to the office, to a designated area, away from any of the children or other staff.
- Clifton-Staci's office/Bloomfield- Rose or Jane
- Parents will be called to pick up the child. The child will need to be picked up within 30 minutes of being notified.
- The child will have to be tested for Covid-19.

Plan for someone showing symptoms at home;

- Keep your child home (it is highly recommended that siblings also stay home until further determination).
- Notify the school immediately.
- Get a non-rapid PCR Covid-19 test or show a Dr.'s note stating reasons for not testing, diagnosis and note to return to school.
- If the test result is **negative**, email results to the school immediately (admin@rainbowmontessori.com).
- If the test result is **positive**, inform the school immediately,

Covid Positive result;

- Immediately notify the school.
- Individuals must quarantine for a total of 14 days. Quarantine days do not include dates of testing.
- Individuals must test negative for covid before returning to school.
- Negative results prior to the 8th day of quarantine will not be accepted.
- After a negative covid result an individual may return to school on the 15th day.

Exposure to Covid;

- Should your child become exposed at school, you will be notified immediately.
- Individuals that have been exposed to covid must be quarantined for 14 days.
- Must produce a Non-rapid PCR negative test taken no sooner than the 8th day of quarantine.
- Siblings/family members of exposed individuals must also stay out of school and quarantine.
- With a negative covid test an individual may return to school on the 15th day as long as the results are emailed to the school (admin@rainbowmontessori.com) prior to the day of return.
- Refusal to get tested will add another 10 days to your quarantine. The individual will be allowed to return on the 25th day.
- Individuals who are fully vaccinated or who have clinically recovered from COVID-19 in the past 3 months do NOT need to quarantine after having close contact with someone with COVID-19, as long as they remain asymptomatic.
- Having proof of antibody without having proof of prior positive result and having recovered from Covid in the past three month does not exclude you from having to quarantine.
- If the exposure is due to a member living in the same household, the positive case must be isolated (not sharing bathroom/living quarters) for a 14 day quarantine in order for exposed persons to be able to test on day 8 and return on day 15. If Isolation is not possible, individuals must then be quarantined for 24 days. Test

on the 20th day and may return on the 25th day with a Non-Rapid PCR negative Covid Test.

The reason for a 24 day quarantine is: if exposed individuals co-mingle with positive individuals without isolation then the last day of possible exposure has to be counted. The last day of possible exposure as per the Health Department would be day 10 of the positive individual. It is not until day 10 of the positive person that the quarantine of the exposed person can begin.

Domestic Travel during covid 19

Currently, the CDC recommends delaying travel until you are fully vaccinated.

- Any individual (student or staff) that travels domestically must inform the office of dates of travel regardless of vaccine status and destination state.

VACCINATED INDIVIDUALS:

- People who are fully vaccinated with an FDA-authorized vaccine or a vaccine authorized for emergency use by the World Health Organization can travel safely within the United States.
- After Travel
 - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
 - Follow all [state and local](#) recommendations or requirements.
 - You do NOT need to get tested or self-quarantine if you are fully vaccinated or have recovered from COVID-19 in the past 3 months.
 - You should still follow all other travel recommendations.

NON VACCINATED INDIVIDUALS:

- While you are traveling:
 - **Wearing a mask over your nose and mouth is required** on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and while indoors at U.S. transportation hubs such as airports and stations. Travelers are not required to wear a mask in outdoor areas of a conveyance (like on open deck areas of a ferry or the uncovered top deck of a bus). CDC recommends that travelers who are not

fully vaccinated continue to wear a mask and maintain physical distance when traveling.

- Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- After you travel:
 - Get tested with a **viral test** 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel.
 - Even if you test negative, stay home and self-quarantine for the full 7 days.
 - If your test is positive, **isolate** yourself to protect others from getting infected.
 - If you don't get tested, stay home and self-quarantine for 10 days after travel.
 - Avoid being around people who are at **increased risk for severe illness** for 14 days, whether you get tested or not.
 - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.

International Travel during covid 19

Currently, the CDC recommends delaying travel until you are fully vaccinated.

- Any individual (student or staff) that travels internationally must inform the office of dates of travel regardless of vaccine status.

VACCINATED INDIVIDUALS:

- Before you arrive in the United States:
 - All air passengers coming to the United States, including U.S. citizens and fully vaccinated people, **are required** to have a negative COVID-19 test result no more than 3 days before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States.
- After travel:
 - Get tested with a **viral test** 3-5 days after travel.

- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
- Follow all [state and local](#) recommendations or requirements after travel.

NON VACCINATED INDIVIDUALS:

- Before you travel:
 - Get tested with a [viral test](#) 1-3 days before your trip.
 - Make sure you understand and follow all airline and destination requirements related to travel, testing, or quarantine, which may differ from U.S. requirements. If you do not follow your destination's requirements, you may be denied entry and required to return to the United States.
 - Check the [COVID-19 situation in your destination](#).
- While you are traveling:
 - [Wearing a mask over your nose and mouth is required](#) on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and while indoors at U.S. transportation hubs such as airports and stations. Travelers are not required to wear a mask in outdoor areas of a conveyance (like on open deck areas of a ferry or the uncovered top deck of a bus). CDC recommends that travelers who are not [fully vaccinated](#) continue to wear a mask and maintain physical distance when traveling.
 - Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
 - Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- Before you arrive in the United States:
 - All air passengers coming to the United States, including U.S. citizens and fully vaccinated people, [are required](#) to have a negative COVID-19 viral test result no more than 3 days before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States.
- After you travel:
 - Get tested with a [viral test](#) 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel.

- Even if you test negative, stay home and self-quarantine for the full 7 days.
 - If your test is positive, [isolate](#) yourself to protect others from getting infected.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.
- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
- Follow all [state and local](#) recommendations or requirements.
- Negative test results must be emailed (admin@rainbowmontessori.com) to the school prior to the return date.
- If you choose not to get tested the full quarantine time will be 24 days (not including the day of return).

Covid Plan of Action;

In the event of a positive Covid case the following steps will be taken and are required by our administrative staff.

- The identity of the person w/ Covid-19 or probable Covid-19
- Date the person with Covid-19 or probable Covid-19 was last in the building
- Date symptoms developed and/or tested positive
- Interactions the person may have had w/ other persons in the building or other locations
- Name, address, phone number, date of birth, parents name and numbers, of ill person and close contacts in the school
- If other persons in the childcare program have developed any symptoms; and
- Any other information to assist with the determination of next steps.

Covid Screening questions Parents, Students, and Staff

You can download the questionnaire from our online Parent Communication System, School Cues, answer the questions prior to drop off and hand in when you arrive, or these questions will be asked when you arrive.

All staff and parents of students must answer the following screening questions before entering the building.

- Has anyone in your household tested positive for or show any signs or symptoms of Covid?
- Has anyone in your household traveled? If yes, Where?
- Has your child/children been given any fever reducing medication today?
- Temperature will be taken for anyone entering the building and must be below 100.4.

Masks

- Anyone dropping off/picking up **MUST** be wearing a mask.
- Social distancing areas outside the drop off/pick up areas
- All staff are required to wear masks regardless of vaccine status.
- Due to the Covid numbers rising, we are requiring all children ages 2+ wear a mask while in class. (We do understand that toddlers and pre-k students are not going to be perfect at wearing them and that it is a learning process).
- No Gaiters will be allowed.
- At this time we are not accepting exemption letters from parents as the spreading of the Delta variant is more common in unvaccinated people including children under the age of 12. Until we receive more information about this we are taking every precaution.
- Children under 2 are not permitted to wear masks
- Students are not required to wear masks at any age when outdoors.

- Staff is not required to wear masks when the temperatures rise above 82 degrees. It is recommended that staff keep their masks on hand so that they can quickly put it on if they have to be near the students.

What is considered to be an exposure?

Any individual that has been within 6 ft., for more than 15 minutes who has tested positive to Covid-19

What does fully Vaccinated mean?

People are considered fully vaccinated 2 weeks after their second dose of the Pfizer or Moderna COVID-19 vaccines, or 2 weeks after the single-dose Johnson & Johnson's Janssen COVID-19 vaccine.

Isolation

For quarantine purposes isolation means separate from other household members without sharing bathroom or common living space

For Children that do not have symptoms of covid please follow our sick policy which can also be found in our parent handbook.

Sick Policy:

Children will be sent home as soon as possible if any of the following is experienced:

- An illness that prevents the child from participating comfortably in activities (as determined by the staff)
- An illness resulting in a greater need for care than the staff can reasonably provide without compromising the health or safety of other children in the classroom;
- **Fever 100.4 or greater, can not return until 48 hours symptom free without fever reducing medication. Child will need a Dr's note to return.**
- Sign/symptoms of severe illness, including: shortness of breath, chills, muscle pain, sore throat, new loss of smell/taste, runny nose, lethargy, uncontrolled coughing, inexplicable irritability, or persistent crying, difficulty breathing, and/or wheezing, stiff joints, stiff neck, visibly swollen lymph nodes, yellow eyes or jaundice skin
- **Diarrhea** (not associated with diet changes or medications; multiple loose or water instances within an hour; or accompanied with fever and/or vomiting). May return when diarrhea stops for 24 hours or the continued diarrhea is deemed not to be infectious by a licensed healthcare professional.
- **Vomiting** (One instance) the child can return after vomiting has been resolved for 24 hours or until a health care provider determines the cause for vomiting is not contagious and the child is not in danger of dehydration.
- **Pink eye** (conjunctivitis) children may not return until after treatment has been initiated for 24 hours. Must provide a Dr's note.
- **Head lice**, after treatment and may return when the child is knit free
- **Impetigo** may return 24 hours after the first treatment has been initiated. Must provide a Dr's note.
- **Hand, foot & mouth** (coxsackie) may return when sores have dried and crusted over and no fever. Must provide a Dr's note.
- **Strep throat** may return 24 hours after initial antibiotic treatment and cessation of fever. Must provide a Dr's note.

Please keep in mind that Covid is very unpredictable. Changes to this policy may be made throughout the school year. This policy is subject to change at any time. You will be informed of any changes that are made as they happen.

Thank you for your patience as we are doing our best to navigate through this pandemic the best we can with the children's health and safety being our first priority at all times. We could not do this without the support of our students' families

Thank you for your cooperation.